



A **CONTENT ANALYSIS** OF EMPIRICAL LITERATURE ON **SPORT COACH** **EDUCATION PROGRAMS** AROUND THE **WORLD** 2010-2019

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Background



Sport coach education programs (CEPs)

Can include: workshops, seminars, courses, or interventions that are focused on developing or enhancing sport coaches' practices.



Gaps in the research on sport CEPs across the world

Need to understand the provision of CEPs beyond national certification systems like in Canada and the UK.





Methods

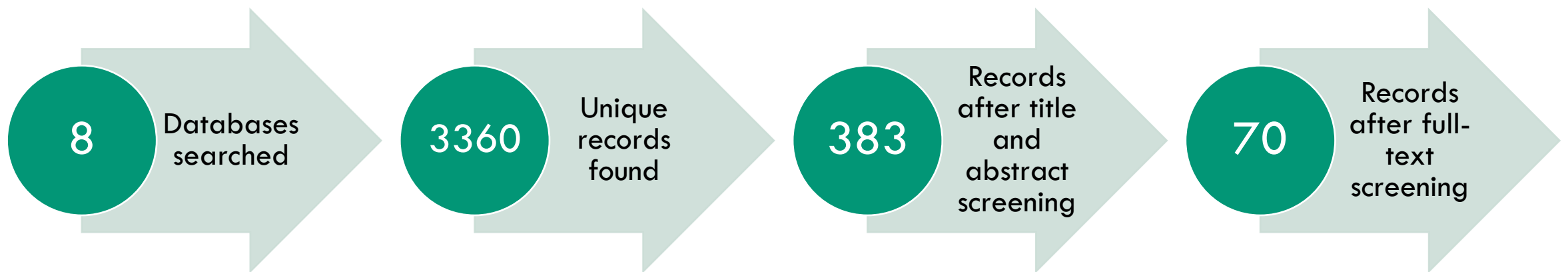
* Did not include any National Coaching Certification Program (NCCP) articles as stipulated in our agreement with the Coaching Association of Canada (CAC).



Search all empirical/original studies on CEPs



English, French, Spanish, Portuguese, and Chinese languages





Data extracted

Delivery
Models

Coach
Characteristics

Sports

CEP Domains

Research
Designs

Organizational
Context

Research Foci

CEP Duration

Data analysis: Descriptive and frequency statistics



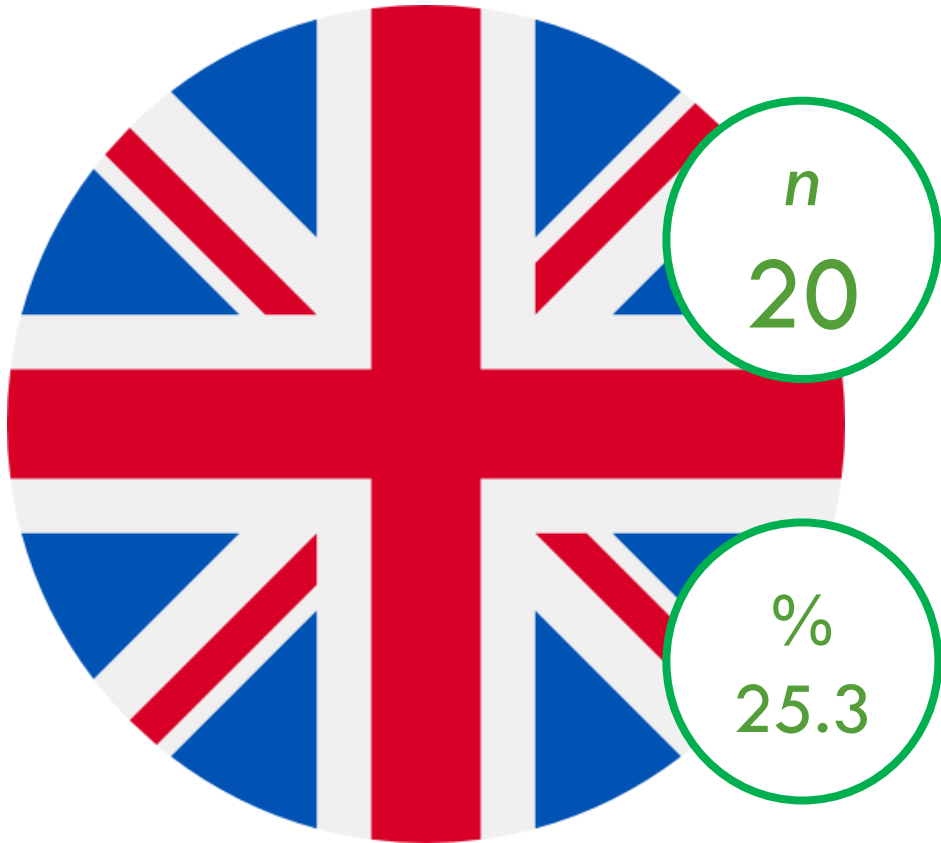


EMPIRICAL LITERATURE ON SPORT CEPs (2010-2019) – COUNTRIES COVERED

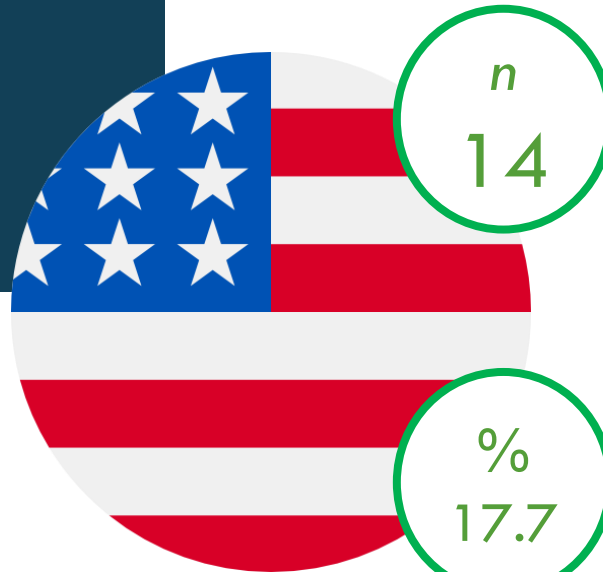




Countries



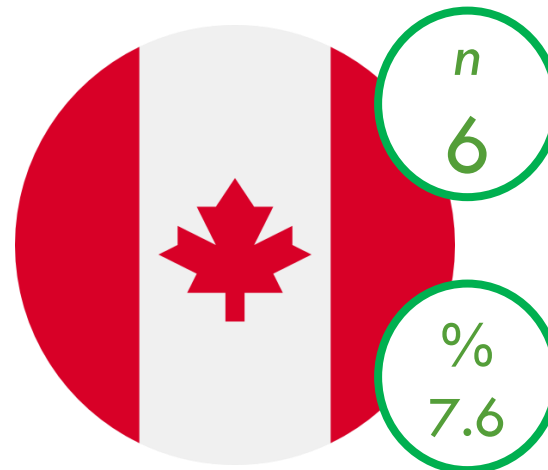
United Kingdom



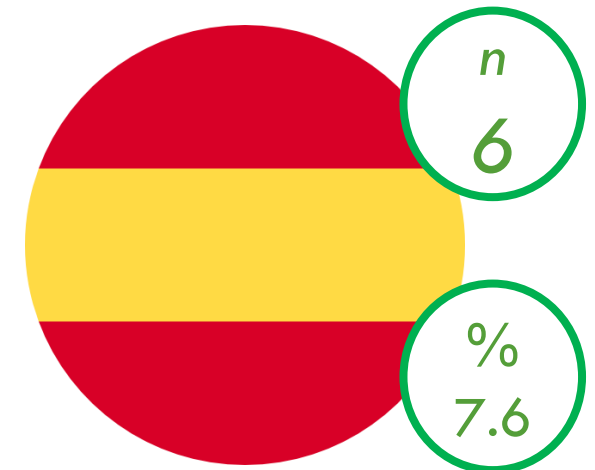
USA



Australia



**Canada
(Non-NCCP)**



Spain





Participants

Gender composition



Males



Females



*1051 (30.8%) participants unspecified

Age (years)



Experience (years)



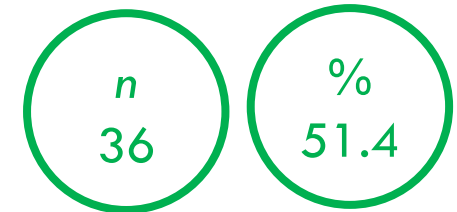
Athletes coached



Children (ages <12)

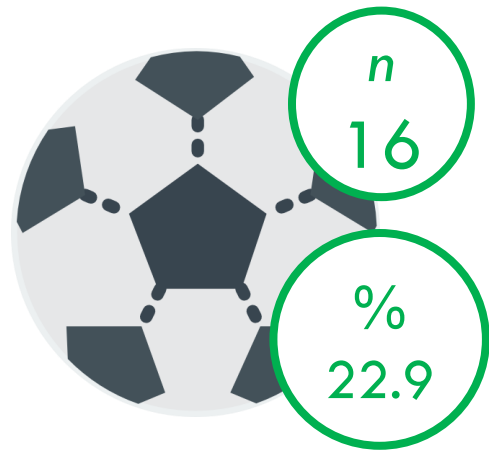


Adolescents (ages 13-17)

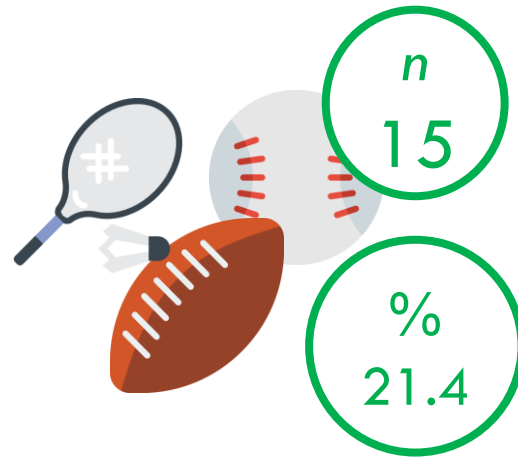




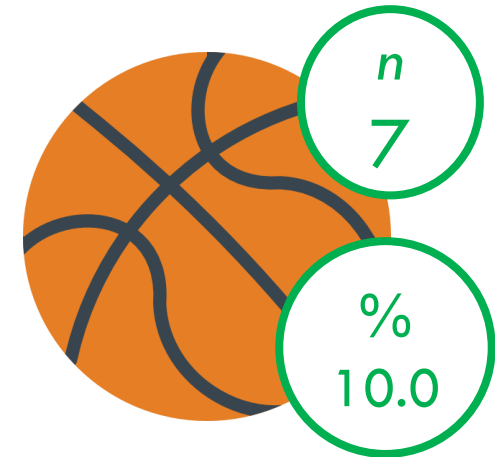
Sport contexts



Soccer



Mixed sports



Basketball

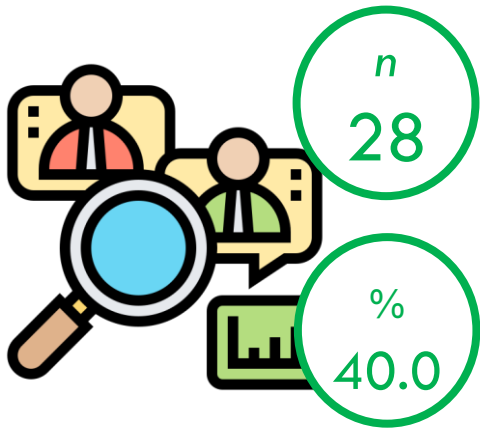
Other sports

- Football (American)
- Rugby
- Swimming
- Hockey
- Football (Australian)
- Track and Field
- Cricket
- Baseball
- Handball
- Alpine Ski

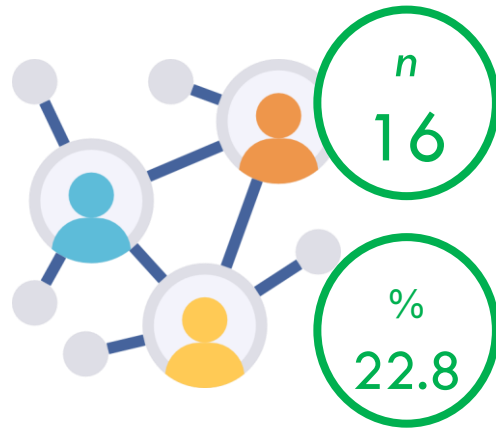




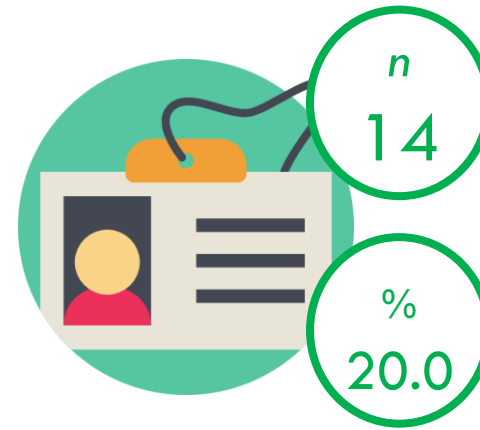
Organizational Context



Research-led
initiatives



Community
initiative



National
accreditation



Educational
curriculum





Delivery model



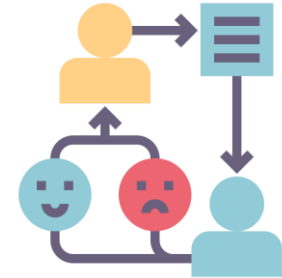
In-person



Online



Blended



Post-workshop component





CEP Domain



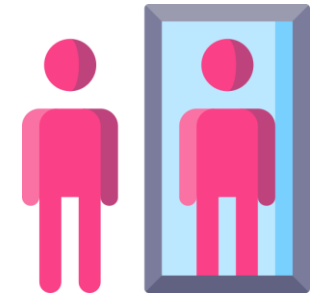
Interpersonal and leadership



Professional development



Youth development and life skills



Intrapersonal and reflective





Data Collection Methods



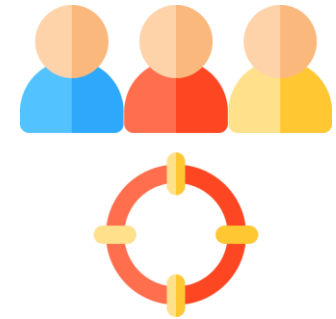
Semi-structured interviews



Questionnaires (Likert)



Observations

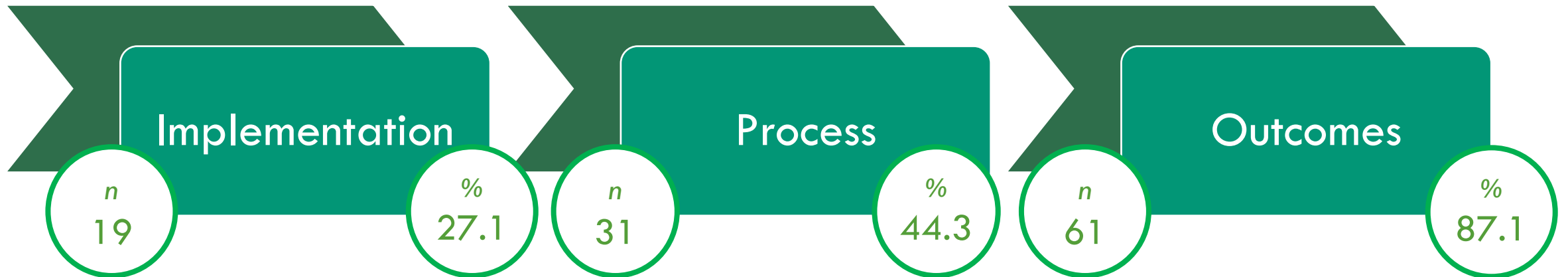


Focus groups





Research Foci



- Design and structure of CEPs
- Strategies to facilitate coach educators in delivering CEPs

- Facilitators or challenges to learning in the CEPs

- Effectiveness or impact of CEP
- Changes to knowledge, skills, attitudes, intentions, and behaviours of coaches
- Impact on athletes





Conclusions and Implications

By examining the current global empirical literature, we generated a greater understanding of the characteristics of CEPs and the nature of original research conducted with them.

Some insights are gained in gaps or areas of improvement for CEP research.

- More focus on processes and implementation
- More focus on existing CEPs other than researcher-led projects
- More research on online delivery models

**Thanks for
listening!**

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uOttawa



coach.ca

Coaching Association of Canada
Association canadienne des entraîneurs

