

CORRECTIONAL SERVICE CANADA

CHANGING LIVES. PROTECTING CANADIANS.



SERVICE CORRECTIONNEL CANADA

TRANSFORMONS DES VIES. PROTÉGEONS LES CANADIENS.

COVID-19: Recommendations for CSC Staff Returning Home After a Shift

June 15, 2020

While infection prevention and control (IPC) measures are imperative in the workplace to protect staff and inmates, the same emphasis should be placed on the importance of IPC measures upon returning to the home environment. This document is not a directive, however it outlines recommended key measures that staff can choose to follow to protect loved ones after coming home from a shift in a CSC institution (see Appendix A for full list of recommended measures):

- Properly doff PPE and wash hands upon leaving the site.
- Process for changing into and out of work clothing:
 - Staff will bring their own work clothing into the institution and will change once on site;
 - At the end of shift, work clothing will be placed into a plastic bag to take home to launder; and
 - Launder used work clothing at home in regular wash hot water cycle and tumble dry.
- Use dedicated footwear for work. Once home, leave work shoes in a designated place such as the garage or trunk of the car.
- Shower and wash hair immediately upon returning home from each shift.
- Disinfect any items brought into the site (watch, phone, keys, bag, etc.) and any items touched from the journey from the car into the house (doorknobs, gates, steering wheel, etc.).
- Perform hand hygiene.

Appendix A

IPC Measures for Returning Home After a Shift*

1. At the end of your shift, properly doff your mask (avoid touching the front of the mask and clean your hands after doffing).
 - Perform hand hygiene.
 - Detach the top and bottom ties or remove straps from ears.
 - Pull mask forward, avoiding touching the front.
 - Dispose of mask in the appropriate container.
 - CSC is currently providing staff with disposable non-medical masks. If staff are wearing their own fabric/non-medical masks, it is their responsibility to ensure proper storage and laundering.
 - Perform hand hygiene.
2. Change out of work clothing/uniform at the site, place directly into a designated plastic bag. Perform hand hygiene.
3. Stage storage bins or bags in the back of your vehicle to store your workbag and other work items until you are able to complete a full decontamination at home.
4. Once you arrive home, remove your work shoes in the garage or leave in the trunk of your car. If shoes are not work-specific, remove at the entrance to your residence and place in a plastic bin.
5. While in the entryway, remove all items in your pockets. Place these, along with your phone, car keys and any other items you took to work in another storage bin.
6. Immediately upon entering your home and emptying your pockets, walk to the bathroom and shower. Have a clean change of clothes ready in the bathroom. Do not physically greet your pet or your family.
7. After showering and changing into clean clothes, take your dirty clothes to the washing machine immediately. Try not to touch these clothes as you place them in the washing machine.
8. If shoes are in the entryway of your residence: spray a diluted bleach solution or use an approved cleaning solution on your shoes, remembering not to touch them.
 - If normally used disinfectant is not available, use a 10:1 water-to-bleach solution.
9. Disinfect all items removed from your pockets, as well as your phone and car keys.
10. Retrace your steps to your car. Wipe down any surfaces you may have touched, including door handles, car handles and gates.
11. Clean the remainder of your work items. Wash bags and reusable food containers and wipe down any other equipment (e.g. watch).
12. At the end of your decontamination process, wash your hands one final time.

*Modified for CSC from a checklist for First Responders (*How can I protect my family from COVID-19? By Emily Pearce, BS, EMT-P, FAWM, DiMM*)