

# The effect of vasopressor dosing strategy on microcirculatory perfusion in preclinical models of sepsis: a systematic review

Tyler James<sup>1</sup>, Homer Yang<sup>2</sup>, Francois Lamontagne<sup>3</sup>, Emilie Belley-Cote<sup>4</sup>,  
Frederick D'Aragon<sup>4</sup>, Duncan J. Stewart<sup>5,6</sup>, Manoj M Lalu<sup>2</sup>

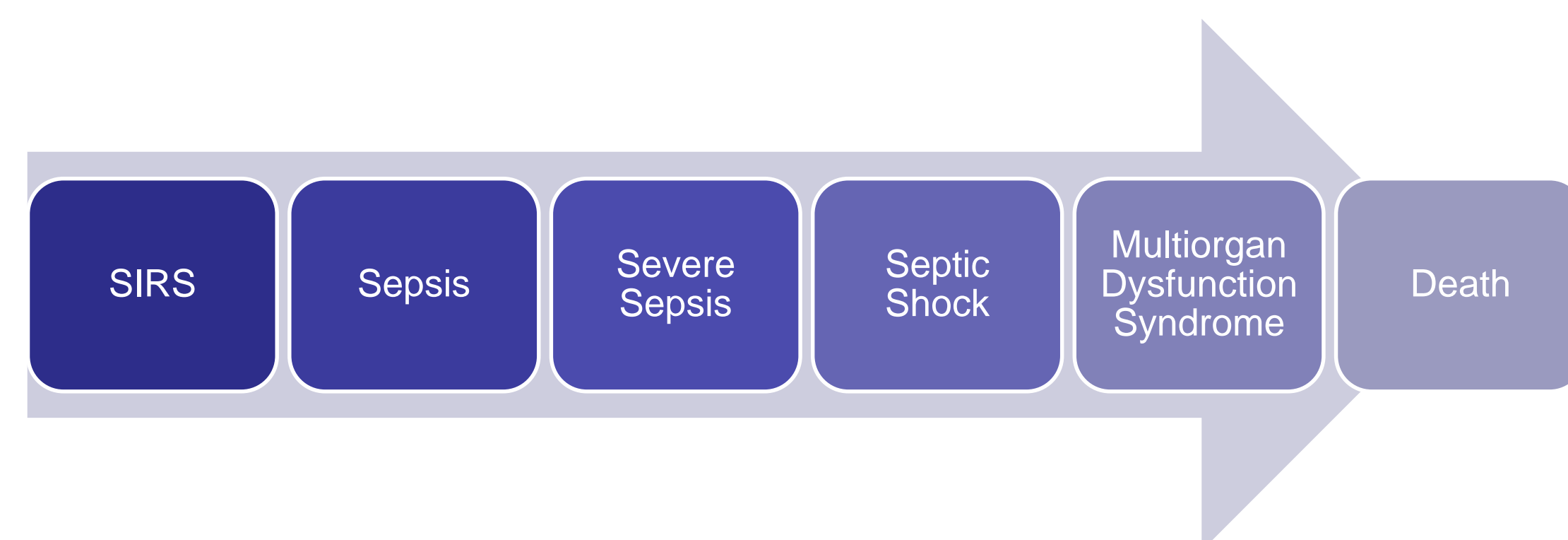


<sup>1</sup>University of Ottawa, Faculty of Medicine, <sup>2</sup>Department of Anesthesiology The Ottawa Hospital Research Institute, <sup>3</sup>Department of Médecine, Université de Sherbrooke, <sup>4</sup>Department of Clinical Epidemiology and Biostatistics, McMaster University, <sup>5</sup>Regenerative Medicine Program, The Ottawa Hospital Research Institute, <sup>6</sup>Department of Cell and Molecular Medicine

## Introduction

### Sepsis

- Sepsis is a systemic inflammatory response due to an infection<sup>1</sup>
- The inflammatory response can cause excessive vasodilation contributing to a decreased blood pressure<sup>3</sup>
- If blood pressure is decreased drastically it can dangerously lower organ perfusion resulting in septic shock and vital organ failure<sup>4</sup>
- The mortality rate of septic shock is 20-30% and it is the number one cause of death in critically ill patients<sup>2,5</sup>



### The Role of Vasopressors in Septic Shock

- Vasopressors are drugs used clinically to counteract vasodilation and increase blood pressure<sup>6</sup>
- Along with antibiotic treatment and fluid resuscitation, vasopressors are nearly universally used to treat septic shock by increasing blood pressure<sup>7</sup>
- Surviving Sepsis Clinical Practice Guidelines suggest titrating vasopressor dose to achieve a mean arterial blood pressure  $\geq 65$  mm Hg, however this recommendation has weak supporting evidence<sup>8</sup>
- Interestingly, increasing blood pressure using vasopressors induces vasoconstriction, which may reduce microcirculatory blood flow to vital organs and cause harm
- By using invasive methods to measure microcirculatory flow, preclinical studies of sepsis offer a unique opportunity to investigate the effects of vasopressors on microcirculation
- To date, a comprehensive summary of vasopressor dosing strategies on microcirculatory flow in sepsis has not been completed

## Objective

We propose a systematic review and meta-analysis to answer the following question:

**In preclinical studies using animal models of sepsis, what is the effect of different vasopressor dosing strategies on microcirculatory flow?**

## Methods

**Electronic Search:** EMBASE Classic, EMBASE, Ovid Medline, In-Process & Other Non-Indexed Citations and Ovid Medline, BIOSIS, manual review of bibliographies of selected articles (inception to February 2015)

**Study Design:** Eligible studies include only controlled comparison (randomized, nonrandomized and quasi-randomized) animal experiments

**Population:** Preclinical *in vivo* models that mimic the pathophysiology of human patients with septic shock

**Intervention:** At least two different vasopressor dosing strategies

**Primary Outcome:** *Microcirculatory perfusion* measured by the following methods:

- Tonometry
- Indocyanine green clearance
- Laser Doppler flowmetry
- Spectrophotometry
- Orthogonal polarizing spectral imaging
- Sidestream darkstream imaging
- Radiolabelled microspheres

**Secondary Outcome:** Mortality (death or self-defined surrogates of death)

**Tertiary Outcomes:** Hemodynamic parameters, fluid balance, acid-base status, cardiac biomarkers, kidney function, liver enzymes

All outcomes will be grouped by time of measurement:  $\leq 6$  h, 6-12 h,  $>12$ - $\leq 24$  h, and  $> 24$  h following initiation of vasopressor

**Data Extraction:** Using DistillerSR<sup>®</sup>, two independent reviewers (TJ, ML) will extract data into pre-piloted forms

**Risk of Bias Assessment:** Cochrane Risk of Bias Assessment Tool<sup>9</sup>

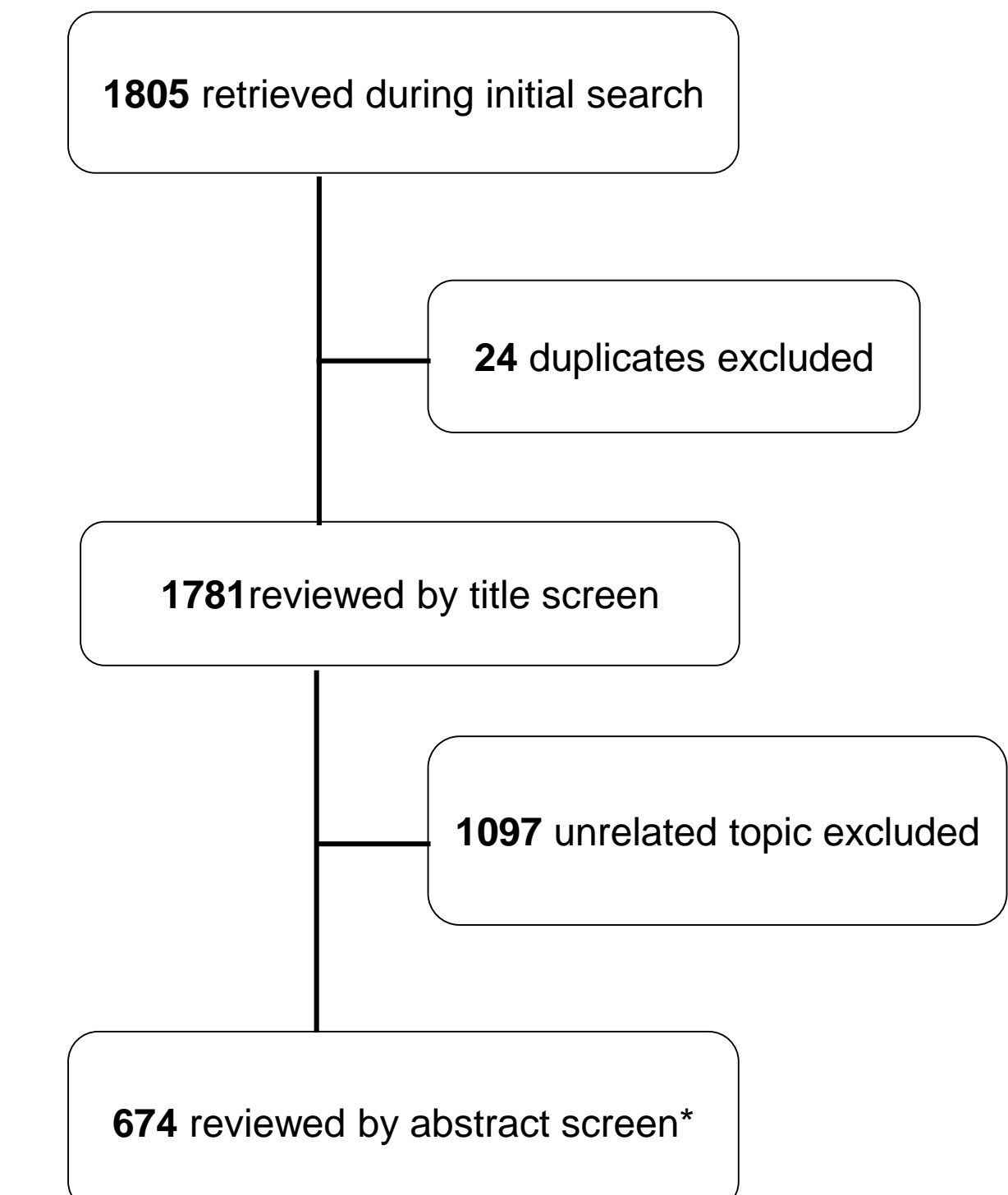
- Random sequence generation
- Baseline characteristics
- Allocation concealment
- Blinding of personnel and outcome assessment
- Incomplete outcome data
- Selective outcome reporting

**Construct Validity:** Potential “clinical relevance” will be evaluated by

- Presence of intercurrent illness
- Use of an infectious model of sepsis
- Initiation of therapy after establishment of disease
- Use of concurrent therapy

## Results

### Study Flow



\*This is an ongoing study

## Future Directions

- Abstract and Full Text screening will be completed
- Study Characteristic, Risk of Bias and Construct Validity data from the included studies will be extracted
- *A priori* defined outcome measures will be extracted

## Acknowledgements

- We thank Risa Shorr (OHRI Librarian) for assistance in generating a systematic search strategy
- We thank the Department of Anesthesiology for funding access to DistillerSR<sup>®</sup>
- This work was supported by an Undergraduate Research Opportunity Program Award from the University of Ottawa

## References

1. King, E.G., Bauza, G.J., Mella, J.R., Remick, D.G. (2013). Pathophysiologic mechanism in septic shock. *Laboratory Investigation*. 94:4-12
2. Mayr, F.B., Yende, S., Angus, D.C. (2014). Epidemiology of severe sepsis. *Virulence*. 5(1):4-11
3. Young, J.D. (2004) The heart and circulation in severe sepsis. *Br J Anaesth*. 93(1):114-20
4. De Backer, D., Orbegozo Cortes, D., Donadello, K., Vincent, J.L. (2014) Pathophysiology of microcirculatory dysfunction and the pathogenesis of septic shock. *Virulence*. 5(1):73-9
5. Peake, S.L., Delaney, A., Bailey, M., Bellomo, R., Cameron, P., Cooper, D.J., et al. (2014). Goal directed resuscitation for patients with early septic shock. *N Engl J Med*. 371(16):1496-506
6. Kanter, J., DeBlieux, P. (2014). Pressors and inotropes. *Emerg Med Clin North Am*. 32(4):823-34
7. Marik, P.E. (2014). Early management of severe sepsis: concepts and controversies. *Chest*. 145(6):1407-18
8. Dellinger, R.P., et al. (2008). Surviving sepsis campaign: international guidelines for management of severe sepsis and septic shock. *Crit Care Med*. 36(4):1394-1396
9. Higgins, J. et al (2011). The Cochrane Collaboration's tool for assessing risk of bias in randomised trials. *Br Med J*, 343:d5928.