

## SIGNS AND SYMPTOMS OF ANAPHYLAXIS

Clinical Presentation	Signs and Symptoms	Severity of Attack
<b>Mild, early warning signs</b>	Itching of the skin, rash and swelling around injection site, dizziness, general feeling of warmth	<b>Mild</b>
	Painless swelling in part of the body (face or mouth), flushing, itching skin, nasal congestion, sneezing, tears	<b>Mild to Moderate</b>
	Hoarseness, feeling sick, vomiting, swelling in the throat, difficulty breathing, abdominal pain	<b>Moderate to Severe</b>
<b>Life-Threatening Symptoms</b>	Wheezing, difficulty breathing (stridor), circulatory collapse, low blood pressure, irregular, weak pulse	<b>Severe</b>

Saskatchewan Immunization Manual – Chapter 12 – Anaphylaxis Management – April 2012 – Page 2

	<b>ANAPHYLAXIS</b>	<b>FAINTING</b>	<b>ANXIETY</b>
<b>ONSET</b>	Usually within 15 - 30 minutes after injection	Sudden, occurs before, during or shortly after immunization, recovery within 1 - 2 minutes	during or shortly after immunization, recovery within 1 - 2 minutes
<b>SKIN</b>	Warm, flushed, blotchy areas, progressing to pallor and clamminess, pruritus and urticarial, tingling and swelling in mouth, tongue and face	Pallor, diaphoresis, cold and clammy	Pallor, diaphoresis, cold and clammy
<b>BREATHING</b>	Sneezing, coughing, wheezing, laboured breathing, hoarseness and difficulty swallowing due to swelling	Slow or normal rate, shallow, irregular or laboured	Hyperventilation
<b>PULSE</b>	Rapid and weak	Slow, steady	Rapid
<b>BLOOD PRESSURE</b>	Decreased systolic and diastolic; hypotension can progress to cause shock	Decreased systolic and diastolic	Normal or elevated systolic
<b>SYMPTOMS &amp; BEHAVIOUR</b>	Uneasiness, restlessness, agitation, not all signs. symptoms will be exhibited in each person, usually one body system dominates	Fearful; light-headedness, dizziness, numbness and weakness, sometimes accompanied by brief clonic seizure activity	Fearful, light-headedness; dizziness, numbness and weakness, tingling around lips and spasms in the hands and feet associated with hyperventilation
<b>GASTROINTESTINAL</b>	Nausea and vomiting; abdominal pain, loose stools	Nausea	Nausea
<b>OTHER</b>	Loss of consciousness		

Saskatchewan Immunization Manual – Chapter 12 – Anaphylaxis Management – April 2012 – Page 4