

# PICO(T)

## EVIDENCE-BASED QUESTION WORKSHEET

Clinical Problem/Case

**P**

### Patient, Population, or Problem

E.g.: age, sex, race, past medical history,  
disease, condition, etc.

**I**

### Intervention

I.e.: what interventions are being considered -  
treatment, diagnostic, test, etc.? OR is there a  
specific issue you would like to investigate?

**C**

### Comparison (OPTIONAL)

I.e.: what are you trying to compare/control for?  
E.g.: other therapies, drugs, a placebo, no  
medication

**O**

### Outcome

I.e.: what is the outcome/what are you trying to  
do for the patient?  
E.g.: relieve/eliminate symptoms, reduce  
adverse events, etc.

**T**

### Time, or Type of Study (OPTIONAL)

I.e.: the time it takes for the intervention to  
achieve an outcome

## Clinical Question

For example: Among **P** does **I** versus **C** affect **O** within **T**

## Search Terms

List subject terms, synonyms, abbreviations, acronyms, variant spellings for each concept

Concept 1 (P)

OR

OR

OR

AND

Concept 2 (I)

OR

OR

OR

AND

Concept 3 (C) - OPTIONAL

OR

OR

OR

AND

Concept 4 (O)

OR

OR

OR

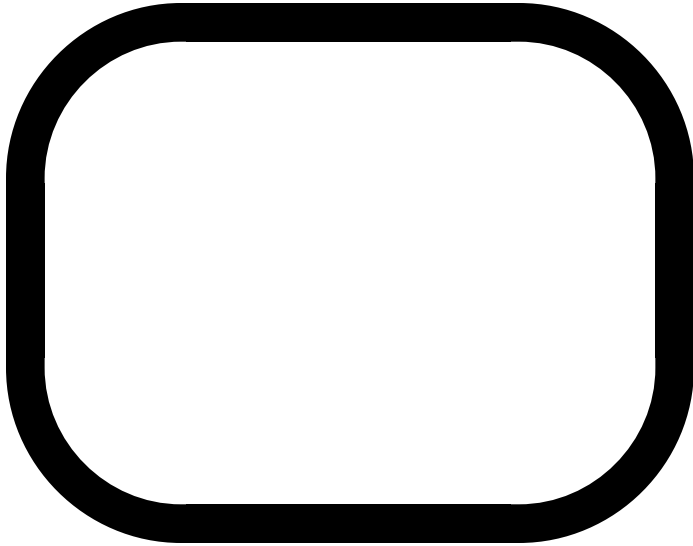


## Databases to Search

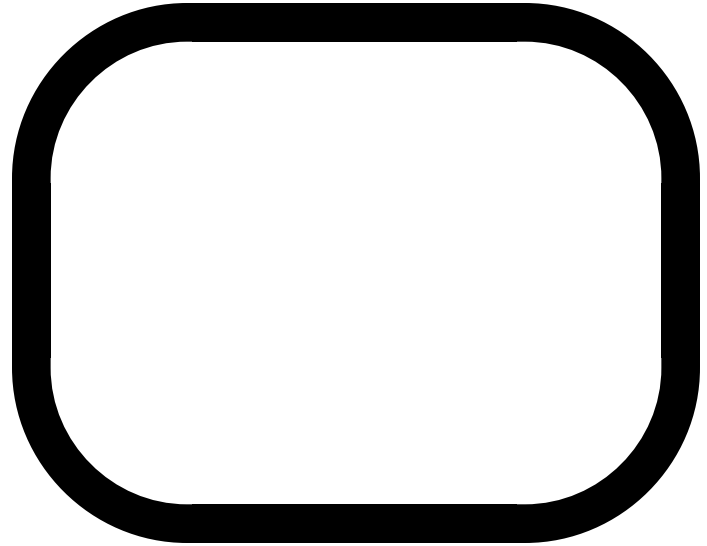
Using the Indexes & Databases page - <http://resources.library.ubc.ca/> - find databases that are relevant to your topic and help you to find a wide variety of resources.

List the databases that your group will use for your assignment.

*Scholarly & Peer-Reviewed  
Literature*



*Grey Literature*



## Databases Limiters

Using the search features in your selected databases, identify any limiters that could be appropriate for your PICO question.

For example: date range, peer-review, age groups, gender, type of study, language, etc.

