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11 **Type 2 diabetes specifically attenuates purinergic skin vasodilatation without**
12 **affecting muscarinic and nicotinic skin vasodilatation and sweating**

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14
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25
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44 **New Findings (85/100 words):**

45 **What is the central question of this study?**

46 It remains to be determined whether type 2 diabetes attenuates muscarinic and nicotinic
47 cutaneous vasodilatation and sweating as well as purinergic cutaneous vasodilatation.

48

49 **What is the main finding and its importance?**

50 We show that type 2 diabetes specifically attenuates purinergic cutaneous vasodilatation
51 without influencing muscarinic and nicotinic cutaneous vasodilatation and sweating. Our
52 results provide a new valuable information regarding the receptor-specific influence of type
53 2 diabetes on microvascular function.

54 **ABSTRACT**

55 The present study evaluated whether type 2 diabetes (T2D) attenuates muscarinic and/or
56 nicotinic cutaneous vasodilatation and sweating as well as purinergic cutaneous
57 vasodilatation. Cutaneous vascular conductance and sweat rate were evaluated in 12
58 healthy nondiabetic older adults (Control, 60±8 years) and 13 older adults with T2D (62±10
59 years) at three intradermal forearm skin sites perfused with the following: 1) methacholine
60 (muscarinic receptor agonist, 5 doses: 0.0125, 0.25, 5, 100, 2000 mM), 2) nicotine
61 (nicotinic receptor agonist, 5 doses: 1.2, 3.6, 11, 33, 100 mM), or 3) ATP (purinergic
62 receptor agonist, 5 doses: 0.03, 0.3, 3, 30, 300 mM). Each agonist was administered for 25
63 min per dose. At the end of the protocol, 50 mM sodium nitroprusside was administered to
64 all skin sites to elicit maximum cutaneous vasodilatation. Cutaneous vascular conductance
65 during methacholine and nicotine administration did not differ between groups (all $P > 0.05$).
66 By contrast, cutaneous vascular conductance during administration of 30 mM (42±28 vs.
67 63±26 %max, $P \leq 0.05$) and 300 mM ATP (56±24 vs. 71±20 %max, $P \leq 0.05$) was
68 attenuated in individuals with T2D in comparison to the Control participants. Further,
69 cutaneous vascular conductance during administration of 50 mM sodium nitroprusside was
70 lower in individuals with T2D relative to Control ($P = 0.04$). Methacholine- and nicotine-
71 induced sweating was similar between groups (all $P > 0.05$). Thus, T2D attenuates
72 purinergic mediated cutaneous vasodilatation without affecting muscarinic and nicotinic
73 cutaneous vascular and sweating responses.

74 (235/250 words)

75

76 INTRODUCTION

77 Type 2 diabetes (T2D) is a metabolic disorder characterized by insulin resistance and
78 hyperglycemia. Further, T2D is a well-established risk factor for cardiovascular disease
79 (Gu *et al.*, 1999) and is associated with endothelial dysfunction, as reflected by impaired
80 acetylcholine-induced forearm vasodilatation (Makimattila *et al.*, 1999; Woodman *et al.*,
81 2005). In addition, T2D is associated with altered cutaneous vascular (microvascular)
82 responses (Caballero *et al.*, 1999; Colberg *et al.*, 2002; Sokolnicki *et al.*, 2007), though
83 this is not always observed especially when evaluated in relatively healthy individuals with
84 well-controlled T2D and free of comorbidities such as peripheral neuropathy (Sokolnicki
85 *et al.*, 2007; Fujii *et al.*, 2017b). To date, there remains a paucity of information on how
86 T2D may modulate, if at all, the mechanisms regulating cutaneous blood flow.

87 Studies have shown that T2D attenuates acetylcholine-induced cutaneous
88 vasodilatation (Veves *et al.*, 1998; Caballero *et al.*, 1999; Pek *et al.*, 2017), a well-
89 established index of microvascular endothelial function, though this is not a universal
90 finding (Brooks *et al.*, 2008a; Brooks *et al.*, 2008b). Given that acetylcholine activates both
91 muscarinic and nicotinic receptors (Pappano, 2011), whether the impaired vasodilatory
92 response to acetylcholine (Veves *et al.*, 1998; Caballero *et al.*, 1999; Pek *et al.*, 2017) is
93 due to either altered muscarinic or nicotinic receptor function, or a combination of both,
94 cannot be discerned. Hence it remains to be determined if T2D impairs muscarinic and/or
95 nicotinic receptor function in mediating cutaneous vasodilatation.

96 T2D is associated with a reduced ability to produce (Stump *et al.*, 2003; Petersen
97 *et al.*, 2005) and release (Richards *et al.*, 2014) ATP, potentially reducing ATP-sensitive
98 purinergic receptor activation. It is therefore plausible that T2D leads to altered purinergic
99 receptor function, which are known to contribute to cutaneous vascular regulation (Wingo
100 *et al.*, 2010; Fujii *et al.*, 2015a; Fujii *et al.*, 2015b; Kalsi *et al.*, 2017). However, no study
101 to date evaluated whether T2D modulates the cutaneous vascular response to purinergic
102 receptor activation elicited by ATP. In human skin low concentrations of ATP may cause
103 vasoconstriction (Lang *et al.*, 2017) whereas high concentrations have been shown to
104 induce a dose-dependent vasodilatation (Wingo *et al.*, 2010; Fujii *et al.*, 2015a; Fujii *et al.*,
105 2015b; Kalsi *et al.*, 2017) without affecting sweat rate (Fujii *et al.*, 2015a; Fujii *et al.*,
106 2015b). Further, previous work has demonstrated that ATP induced vasodilatation in

107 conduit arteries (forearm) is impaired in individuals with T2D (Thaning *et al.*, 2010). It is
108 possible therefore that T2D may attenuate ATP-mediated cutaneous vasodilatation.

109 Human skin possesses eccrine sweat glands that are important in dissipating heat
110 therefore the regulation of body core temperature. Most but not all previous studies showed
111 that T2D impairs the local sweating response during whole-body heat stress or
112 acetylcholine administration (Fealey *et al.*, 1989; Levy *et al.*, 1991; Caselli *et al.*, 2003;
113 Petrofsky *et al.*, 2005). Blunted acetylcholine-induced sweating in individuals with T2D
114 suggests that attenuated peripheral sweat gland function. However, given that acetylcholine
115 activates both muscarinic and nicotinic receptors as mentioned above, it remains to be
116 determined whether T2D impairs muscarinic and/or nicotinic sweating. In the present
117 study, we examined muscarinic and nicotinic cutaneous vasodilatation and sweating and
118 purinergic cutaneous vasodilatation in older adults with T2D. We hypothesized that T2D
119 attenuates cutaneous vasodilatation and sweating in response to muscarinic and nicotinic
120 agonists as well as ATP induced cutaneous vasodilatation.

121

122 **MATERIALS AND METHODS**

123 **Ethical approval**

124 This study was approved by the University of Ottawa Health Sciences and Science
125 Research Ethics Board and conformed to the *Declaration of Helsinki*. Written informed
126 consent was received from all volunteers before their participation.

127

128 **Participants**

129 Thirteen older adults diagnosed with T2D for >5 years and 12 healthy nondiabetic older
130 adults (Control) were tested in this study. None of the participants reported a history of
131 specific medical conditions (cystic fibrosis transmembrane conductance regulator
132 mutations, skin disorders, uncontrolled hypertension, heart disease, and/or peripheral
133 neuropathy), were smoking or had smoked in the past 10 years. All participants with T2D
134 were taking following medications (number of subjects are indicated in parenthesis):
135 metformin (13), statin (5), dipeptidyl peptidase-4 inhibitor (4), sulfonylurea (3),
136 angiotensin converting enzyme inhibitor (2), insulin (1), angiotensin receptor blocker (3),
137 sodium/glucose cotransporter 2 inhibitor (2), and diuretic (2). Participants in the Control

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138 group were not taking prescription medication. Further, older females were not undergoing
139 hormone replacement therapy. During the preliminary session, height was assessed using
140 a stadiometer (Model 2391, Detecto Scale Company, Webb City, MO, USA), and body
141 mass was determined using a digital weight scale platform (Model CBU150X, Mettler
142 Toledo Inc., Schwerzenbach, Switzerland) with a weighing terminal (Model IND560,
143 Mettler Toledo Inc). Resting arterial blood pressure was obtained by manual auscultation
144 using a mercury column sphygmomanometer (Baumanometer Standby Model).

145

146 Experimental session

147 Prior to the experimental session, all participants refrained from consuming over-the-
148 counter medications for >48 h (e.g., nonsteroidal anti-inflammatory drugs, vitamins, and
149 minerals), alcohol and caffeine for >24 h, and performing any strenuous physical activity
150 for >12 h. Further they were restricted from consuming food >2 h prior to the start of the
151 trial. Upon arrival to the laboratory, participants rested in a semi-recumbent position on a
152 bed in a thermoneutral environment (24°C). During this time, a 25-gauge needle was
153 inserted into the unanesthetized dermal layer of the skin of the left dorsal forearm using an
154 aseptic technique with the entry and exit points separated by ~2.5 cm. A microdialysis fiber
155 (30 kDa cutoff, 10 mm membrane; MD2000, Bioanalytical Systems, West Lafayette, IN,
156 USA) was then passed through the lumen of the needle, which was then withdrawn. Three
157 microdialysis fibers were placed in the skin, each separated by ~4 cm between sites to avoid
158 between-site interference of drug administration. Each fiber was connected to a liquid
159 switcher (Model 110, CMA Microdialysis AB, Kista, Sweden) to ensure continuous
160 infusion when switching between doses.

161 Approximately 10 min after the placement of the three microdialysis fibers, all
162 skin sites were perfused with lactated Ringer's solution (Baxter, Deerfield, IL, USA) for a
163 period of >80 min to allow trauma associated with fiber/needle insertion to subside.
164 Perfusion at each of the skin sites was maintained at a rate of 4.0 $\mu\text{l min}^{-1}$ using a micro-
165 infusion pump (Model 4004, CMA Microdialysis, Solna, Sweden). Thereafter, a 10 min
166 baseline measurement was initiated after which pharmacological agents were administered
167 at the three intradermal forearm skin sites as follows: 1) methacholine (Sigma-Aldrich, St.
168 Louis, MO, USA) (muscarinic receptor agonist, 5 doses: 0.0125, 0.25, 5, 100, 2000 mM),

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169 2) nicotine (MP Biomedicals, Santa Ana, CA) (nicotinic receptor agonist, 5 doses: 1.2, 3.6,
170 11, 33, 100 mM), or 3) ATP (Cayman Chemical, Ann Arbor, MI, USA) (purinergic
171 receptor agonist, 5 doses: 0.03, 0.3, 3, 30, 300 mM). All doses for each of the agents were
172 determined based on our previous work for methacholine (Fujii *et al.*, 2015a; Fujii *et al.*,
173 2016), nicotine (Fujii *et al.*, 2017a), and ATP (Fujii *et al.*, 2015b) administration.
174 Methacholine, nicotine, and ATP were all infused in a dose dependent manner, with each
175 dose administered for 25 min at a rate of 4.0 $\mu\text{l min}^{-1}$. After the completion of drug
176 administration, 50 mM of sodium nitroprusside (Sigma-Aldrich) was administered for 20-
177 30 min at each microdialysis site at a rate of 6.0 $\mu\text{l min}^{-1}$ to elicit maximal cutaneous blood
178 flow. This response can also represent endothelium-independent vasodilatation. Our pilot
179 work (unpublished data) confirmed that 50 mM sodium nitroprusside induces maximal
180 cutaneous vasodilatation to levels similar to those observed with local skin heating to 44°C.
181 The criterion for maximal blood flow was >2 min of stable plateau in cutaneous blood flow.

182

183 *Measurements*

184 Sweat capsules were attached with the aid of topical skin glue (Collodion HV, Mavidon
185 Medical products, Lake Worth, FL, USA) on the intradermal microdialysis skin site, each
186 covering 1.1 cm^2 area of the skin. This capsule was specifically designed for use with
187 intradermal microdialysis (Meade *et al.*, 2016). An integrated laser-Doppler flowmetry
188 probe (model 413; Perimed, Stockholm, Sweden) was inserted within a form-fitting hole
189 located at the center of the sweat capsule, which permitted the simultaneous measurement
190 of cutaneous blood flow and sweating. Each laser Doppler probe was connected to a
191 recording system (PeriFlux System 5000, Perimed, Stockholm, Sweden). To obtain sweat
192 rate, dry compressed air equilibrated to room temperature ($\sim 24^\circ\text{C}$) was supplied to each
193 capsule at a rate of 0.2 l min^{-1} . A high-precision dew point mirror (Model 473, RH systems,
194 Albuquerque, NM, USA) was utilized to measure the water content of the effluent air from
195 the sweat capsule. This water content was used to evaluate local forearm sweat rate every
196 5 s. The measured sweat rate was normalized to capsule area ($\text{mg min}^{-1} \text{cm}^{-2}$). Cutaneous
197 red blood cell flux, an index of cutaneous blood flow expressed in perfusion units, was
198 obtained at a rate of 32 Hz. Cutaneous vascular conductance (CVC) was evaluated by

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199 cutaneous red blood cell flux divided by mean arterial pressure (diastolic arterial pressure
200 plus one-third the difference between systolic and diastolic pressures). Manual auscultation
201 was performed using a mercury column sphygmomanometer (Baumanometer Standby
202 Model) to obtain blood pressures every 10-15 min. CVC data were presented as %max to
203 minimize the effect of site-to-site heterogeneity on cutaneous blood flow (Minson, 2010).

204

205 *Data analysis*

206 Baseline CVC and sweat rate were obtained by averaging values over the final 5 min of
207 the 10 min baseline measurement at each of the three skin sites before commencing any
208 receptor agonist administration. The maximum absolute CVC elicited by sodium
209 nitroprusside administration was obtained over a minimum 2 min period for each skin site.
210 In order to minimize between-site variations in baseline CVC and sweat rate as well as
211 maximum absolute CVC, responses were averaged over three skin sites for each participant
212 to compare values between groups. All CVC and sweat rate values during each dose of
213 methacholine and ATP administration were obtained by averaging measurements made
214 over the last 5 min of the 25 min infusion for each dose. Given that nicotinic sweating has
215 been shown to fluctuate transiently (Fujii *et al.*, 2017a), peak sweat rate (5-min average)
216 achieved during each dose of nicotine administration was analyzed. CVC during nicotine
217 administration was evaluated by averaging values over the last 5 min of the 25 min infusion
218 period for each dose. CVC and sweat rate data during administration of each agonist were
219 presented as relative changes from Baseline.

220

221 *Statistical analysis*

222 Statistical analyses were conducted using SPSS 24 (IBM, Armonk, NY, USA). Based on
223 CVC (mean difference: 17 %max, standard deviation: 16 %max) (Fujii *et al.*, 2014) and
224 sweat rate (mean difference: 0.1 mg min⁻¹ cm⁻², standard deviation: 0.08 mg min⁻¹ cm⁻²)
225 (Stapleton *et al.*, 2014) responses obtained in our previous works, with a 80% power and a
226 significance level of 0.05, a minimal sample size of n = 9 for CVC and n = 8 for sweat rate
227 was determined. CVC and sweat rate were analyzed with a two-way, mixed-model analysis
228 of variance with the non-repeated factor of group (T2D and Control) and the repeated factor
229 of stage (baseline and each dose of pharmacological agent). When a significant interaction

230 or main effect was detected, *post hoc* multiple comparisons were carried out using modified
231 version of the Bonferroni correction (Holm-Bonferroni's method). Student's *t*-tests were
232 employed where applicable. The level of significance for all analyses was set at $P \leq 0.05$.
233 All values are reported with a mean \pm 95 % confidence interval ($1.96 \times$ standard error of
234 the mean) unless otherwise indicated.

235

236 **RESULTS**

237 **Participant characteristics**

238 Age, height, body mass, and resting mean arterial pressure were all matched between
239 groups (all $P > 0.05$, Table 1).

240

241 **Cutaneous vascular conductance**

242 No between-group differences in baseline CVC were observed (all $P > 0.05$, Figure 1A).
243 Relative to Baseline, CVC increased in response to the administration of each agonist at
244 all concentrations in both groups (all $P \leq 0.05$, Figure 2) with the exception of no significant
245 increase in CVC with 0.03 and 0.3 mM doses of ATP in the T2D group (all $P > 0.10$, Figure
246 2C). Throughout methacholine and nicotine administration, CVC was similar between
247 groups (Figure 2A and B, all $P > 0.05$). However, CVC was blunted in the T2D versus the
248 Control group during administration of 30 and 300 mM ATP (both $P \leq 0.05$, Figure 2C).
249 Similarly, maximum absolute CVC was lower in T2D individuals ($P = 0.04$, Figure 3).

250

251 **Sweating**

252 Baseline sweat rate was higher in the T2D relative to Control group ($P = 0.03$, Figure 1B).
253 Sweat rate was elevated above Baseline when methacholine and nicotine were
254 administered at all doses in both groups (all $P \leq 0.05$, Figure 4A and B) except no
255 significant increase in CVC was observed with 11 and 33 mM nicotine in the Control group
256 and 33 mM nicotine in the T2D group ($P = 0.08-0.14$, Figure 4B). Administration of ATP
257 did not influence sweat rate in either group (all $P > 0.05$, Figure 4C). There were no
258 between-group differences in sweat rate at any treatment site (Figure 4).

259

260 **DISCUSSION**

261 We showed that older adults with well-controlled T2D demonstrated similar methacholine-
262 and nicotine-mediated cutaneous vasodilatation and sweating responses relative to their
263 healthy age-matched counterparts. However, ATP-induced cutaneous vasodilatation was
264 attenuated in T2D individuals. Further, we showed that cutaneous vasodilatation induced
265 by sodium nitroprusside, a nitric oxide donor, was attenuated in older individuals with T2D.
266 Taken together, we showed that T2D is associated with the attenuation of purinergic-
267 mediated cutaneous vasodilatation with no effect on muscarinic and nicotinic cutaneous
268 vascular and sweating responses.

269

270 **Cutaneous vasodilatation**

271 Both healthy older adults and those with T2D displayed dose-dependent augmentations in
272 cutaneous vasodilatation in response to exogenous ATP (Figure 2C), findings consistent
273 with observations in young adults (Fujii *et al.*, 2015b). These responses appear to be
274 mediated via the activation of purinergic receptors (i.e., P2Y) located on the endothelial
275 cells, as was demonstrated in resistance artery of human skin *in vitro* (Martin *et al.*, 1991).
276 However, the magnitude of ATP-induced cutaneous vasodilatation was attenuated in the
277 individuals with T2D relative to their healthy age-matched counterparts (Figure 2C),
278 suggesting that T2D attenuates purinergic cutaneous vasodilatation. Our findings build
279 upon a previous report showing that T2D reduces ATP-induced vasodilatation in human
280 conduit arteries (Thaning *et al.*, 2010). Altogether, these findings indicate that T2D may
281 impair both micro- and macro-vascular response to ATP in humans *in vivo*.

282 ATP induced cutaneous vasodilatation has been shown to be partly induced via
283 nitric oxide-dependent mechanisms with no influence of cyclooxygenase (Fujii *et al.*,
284 2015b). Previous work has shown that T2D does not alter the magnitude of contribution of
285 nitric oxide in mediating cutaneous vasodilatation during a passive- (Sokolnicki *et al.*,
286 2009) or exercise-induced heat stress (Fujii *et al.*, 2017b). This suggests that the reduced
287 ATP-mediated cutaneous vasodilatation in individuals with T2D may not stem from
288 diminished nitric oxide bioavailability. In addition to nitric oxide synthase and
289 cyclooxygenase, endothelium-dependent hyperpolarization has also been shown to play an
290 important role in the regulation of vasodilatation (Edwards *et al.*, 2010). Given nitric oxide
291 synthase and cyclooxygenase do not appear to be involved in the attenuated ATP induced

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292 cutaneous vasodilatation in individuals with T2D, cutaneous vasodilatation associated with
293 endothelium-dependent hyperpolarization may be impaired in this population. Further
294 research is required to evaluate this possibility.

295 We found that cutaneous vasodilatation elicited by methacholine infusion was
296 similar between groups (Figure 2A). This is consistent with previous work using
297 acetylcholine (Brooks *et al.*, 2008a; Brooks *et al.*, 2008b), though other studies reported
298 that acetylcholine-mediated cutaneous vasodilatation is impaired by T2D (Arora *et al.*,
299 1998; Veves *et al.*, 1998; Caballero *et al.*, 1999). While the underlying reasons for the
300 disparate findings are unclear, it is important to note that, to the best of our knowledge we
301 are the first to evaluate methacholine induced cutaneous vasodilatation in individuals with
302 T2D, whereas all other studies employed acetylcholine (Veves *et al.*, 1998; Caballero *et*
303 *al.*, 1999; Fuchs *et al.*, 2017; Pek *et al.*, 2017). Methacholine specifically activates
304 muscarinic receptors only whereas acetylcholine has been shown to stimulate both
305 muscarinic and nicotinic receptors (Pappano, 2011). Hence our study was able to separate
306 muscarinic and nicotinic receptor distinct activation in mediating cutaneous vasodilatation,
307 and suggests that muscarinic cutaneous vasodilatation is not influenced by T2D.

308 Nicotine-induced cutaneous vasodilatation did not differ between groups (Figure
309 2B), suggesting that T2D has no effect on nicotinic cutaneous vasodilatation. Nicotinic
310 receptor activation can facilitate acetylcholine release via a cholinergic axon reflex
311 (Schlereth *et al.*, 2005). In keeping with this prior observation, we recently reported that
312 muscarinic receptor blockade abolished nicotinic cutaneous vasodilatation at 1.2-11 mM
313 nicotine (Fujii *et al.*, 2017a). Thus, the lack of cutaneous vasodilatory response with the
314 administration of nicotine at concentrations of 1.2-11 mM in individuals with T2D in the
315 current study suggests that T2D does not modulate the cholinergic axon reflex. It should
316 be noted that cutaneous vasodilatation elicited by high doses of nicotine (33-100 mM)
317 occurs independently of muscarinic receptors (Fujii *et al.*, 2017a). Nicotinic receptor
318 activation on cutaneous vascular endothelial cells (Hagforsen *et al.*, 2002) may underpin
319 this vasodilatory response and, based on our results, T2D may not alter endothelial
320 nicotinic receptor function.

321 In addition to our observed attenuation in the ATP induced cutaneous vasodilatation,
322 we also found an attenuated endothelium-independent cutaneous vasodilatation in the T2D

323 individual as assessed by the level of cutaneous perfusion elicited by a high dose of sodium
324 nitroprusside (Figure 3). Indeed, previous studies demonstrate endothelium-independent
325 cutaneous vasodilatation in individuals with T2D (Williams *et al.*, 1996; Caballero *et al.*,
326 1999; Sokolnicki *et al.*, 2007). It is plausible that the lower cutaneous perfusion during
327 sodium nitroprusside in individuals with T2D reflects a lower vascular smooth muscle
328 responsiveness to vasodilators (e.g., nitric oxide). This potential mechanism is supported
329 by the observation that T2D can increase proliferation, adhesion and/or migration of
330 vascular smooth muscle cells (Faries *et al.*, 2001). Further, a previous study reported that
331 T2D does not alter skin capillary density (Jaap *et al.*, 1996). Thus, our observation of a
332 lower cutaneous perfusion during sodium nitroprusside administration does not appear to
333 be due to cutaneous capillary rarefaction.

334

335 **Sweating**

336 Consistent with the healthy young individuals of our previous work (Fujii *et al.*, 2014; Fujii
337 *et al.*, 2017a), methacholine and nicotine but not ATP activated sweating in the current
338 study (Figure 4). Regarding the between-group comparison, methacholine-induced
339 sweating was similar between groups (Figure 4A) and are consistent with recent work
340 showing that local sweating in individuals with T2D was similar to their age-matched
341 counterparts as assessed during a passive- (Kenny *et al.*, 2016) and exercise-induced (Fujii
342 *et al.*, 2017b) heat stress. Moreover, the present study showed that nicotinic sweating did
343 not differ between groups (Figure 4b). We recently demonstrated that nicotinic sweating is
344 exclusively mediated via the activation of muscarinic receptors in young healthy
345 individuals at doses of 1.2-100 mM (Fujii *et al.*, 2017a); a response possibly associated
346 with axon-reflex induced acetylcholine release. Thus, consistent with our observations of
347 nicotinic cutaneous vasodilatation, we also show that T2D does not appear to alter
348 cholinergic axon reflex in human skin.

349 Baseline sweat rate was higher in individuals with T2D relative to their healthy
350 counterparts (Figure 1B). This may be associated with regional changes in sweat rate with
351 T2D characterized by a relative hyperhidrosis on the upper body (including forearm) and
352 lower body anhidrosis (Fealey *et al.*, 1989). However, we did not assess sweating responses

353 on the lower body. Thus, future studies are necessary to delineate the physiological
354 mechanisms underpinning the higher resting sweat rate in individuals with T2D.

355

356 **Considerations**

357 We evaluated cutaneous vascular and sweating responses in relatively healthy individuals
358 with well controlled T2D and no peripheral neuropathy. This may explain why we did not
359 observe an attenuation in muscarinic and nicotinic cutaneous vasodilatation and sweating
360 in our T2D participants. It has been shown that individuals with T2D who have peripheral
361 neuropathy exhibit greater attenuation in cutaneous vascular and sweating responses in
362 comparison to those without peripheral neuropathy (Ishibashi *et al.*, 2014; Pek *et al.*, 2017).
363 It is therefore possible that muscarinic and nicotinic differences in cutaneous vasodilatation
364 and sweating would be observed in older diabetic adults with poor glucose control and/or
365 peripheral neuropathy. Regardless, in the current study we observed marked attenuations
366 in cutaneous vasodilatation in response to ATP and sodium nitroprusside, suggesting
367 deterioration of the cutaneous vascular function even in relatively healthy adults with T2D.

368 All participants with T2D were on prescription medications in the present study.
369 We do not know whether the chronic intake of prescription medications modulates our
370 results. However, we did not observe between-group differences in CVC and sweat rate
371 during methacholine and nicotine administration. Moreover, previous work showed a
372 similar pattern of whole-body (Kenny *et al.*, 2013) and local (Kenny *et al.*, 2013; Fujii *et al.*,
373 2017b) heat loss responses in individuals with T2D regardless of differences in
374 prescribed medication. While this may suggest that medication use and or type might not
375 greatly modulate local control of sweating and cutaneous perfusion in this group, future
376 studies must be conducted to assess this response.

377

378 **Perspective and significance**

379 The present study demonstrates that ATP-induced cutaneous vasodilatation is attenuated
380 by T2D albeit in the absence of changes in muscarinic and nicotinic cutaneous
381 vasodilatation and sweating. Given that microvascular dysfunction may precede
382 cardiovascular disease (Ijzerman *et al.*, 2003; Kraemer-Aguiar *et al.*, 2008), we speculate
383 that restoring purinergic receptor function in individuals with T2D might serve as a

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384 management therapy to maintain normal or near normal microvascular function thereby
385 possibly reducing the risk of cardiovascular disease. Moreover, it may help preserve or re-
386 establish near normal levels of skin perfusion, which represents an important avenue of
387 heat dissipation during heat stress. Type 2 diabetes is associated with higher rates of heat
388 illness and death during heat stress when compared to the general population (Kenny *et al.*,
389 2010; Kenny *et al.*, 2016).

390

391 **CONCLUSION**

392 We showed that T2D impairs purinergic cutaneous vasodilatation while no effect on
393 muscarinic and nicotinic cutaneous vasodilatation and sweating was observed.

394

395

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597 **COMPETING INTERESTS**

598 None.

599

600 **AUTHOR CONTRIBUTIONS**

601 N.F. and G.P.K. conceived and designed experiments. N.F. and B.D.M.. contributed to data
602 collection. N.F. performed data analysis. N.F., R.D.M., B.D.M., T.N., R.J.S., and G.P.K.
603 interpreted the experimental results. N.F. drafted the manuscript. N.F., R.D.M., B.D.M.,
604 T.N., R.J.S., and G.P.K. edited and revised the manuscript. All authors approved the final
605 version of the manuscript. All experiments took place at the Human and Environmental
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607

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621

622 **Table 1.** Participant characteristics

	Control	T2D
Number of subjects (male/female)	12 (3/9)	13 (3/10)
Age (years)	60 ± 8	62 ± 10
Height (m)	1.68 ± 0.10	1.64 ± 0.06
Body mass (kg)	80 ± 13	84 ± 13
Mean arterial pressure (mmHg)	95 ± 8	89 ± 7
HbA _{1C} (%)		7.5 ± 1.0
Duration of diabetes (years)	n/a	12.8 ± 9.9

623 All values are expressed as means ± standard deviation.

624 Values did not differ between groups (all P > 0.05).

FIGURE LEGENDS

Figure 1: Baseline cutaneous blood flow and sweat rate.

Cutaneous vascular conductance (panel A) and sweat rate (panel A) measured at Baseline in older healthy adults (Control, open bar, n = 12) and those with type 2 diabetes (T2D, filled bar, n = 13). Data are presented as mean \pm 95% confidence interval.

Figure 2: Cutaneous vascular response to each agonist.

Cutaneous vascular conductance during administration of methacholine (panel A), nicotine (panel B), and ATP (panel C) in older healthy adults (Control, open bar, n = 12) and those with type 2 diabetes (T2D, filled bar, n = 13). All values are expressed as means \pm 95% confidence interval. * control vs. type 2 diabetes ($P \leq 0.05$).

Figure 3: Maximum cutaneous blood flow.

Maximum absolute cutaneous vascular conductance achieved by sodium nitroprusside administration in older healthy adults (Control, open bar, n = 12) and those with type 2 diabetes (T2D, filled bar, n = 13). Data are presented as mean \pm 95% confidence interval.

Figure 4: Sweating response to each agonist.

Sweat rate during administration of methacholine (panel A), nicotine (panel B), and ATP (panel C) in older healthy adults (Control, open circle, n = 12) and those with type 2 diabetes (T2D, filled circle, n = 13). All values are expressed as means \pm 95% confidence interval. Sweat rate during methacholine, nicotine, and ATP administration was not different between groups ($P > 0.29$ for a main effect of group or an interaction between group and stage).

Figure 1

□ Control

■ T2D

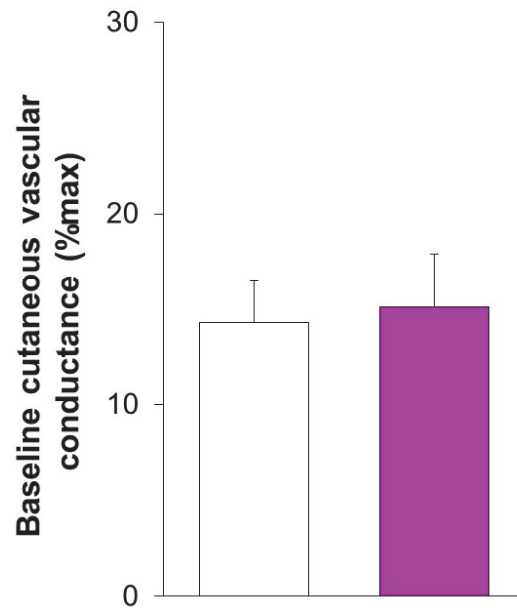
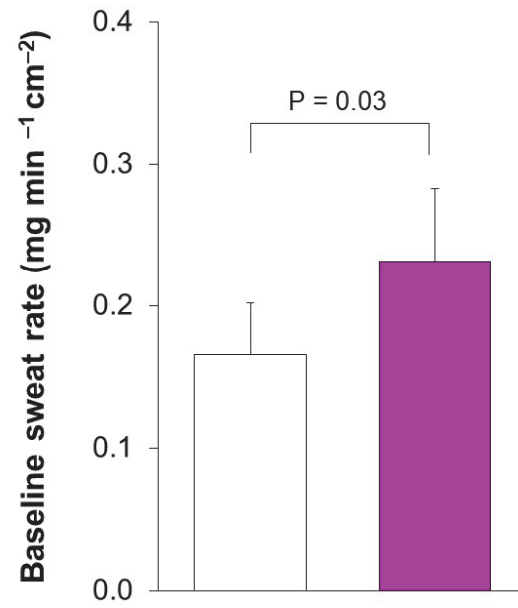
A**B**

Figure 2

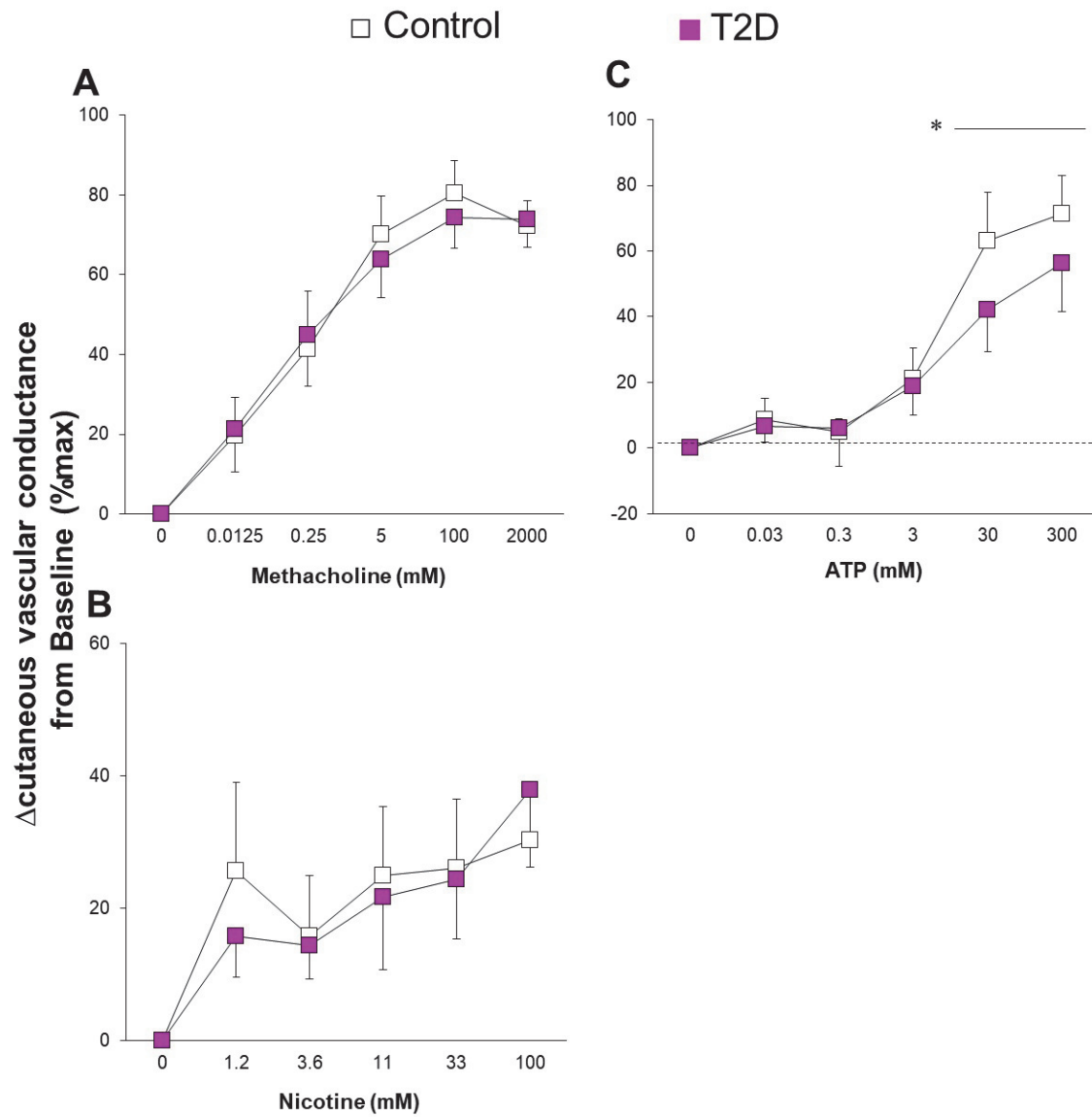


Figure 3

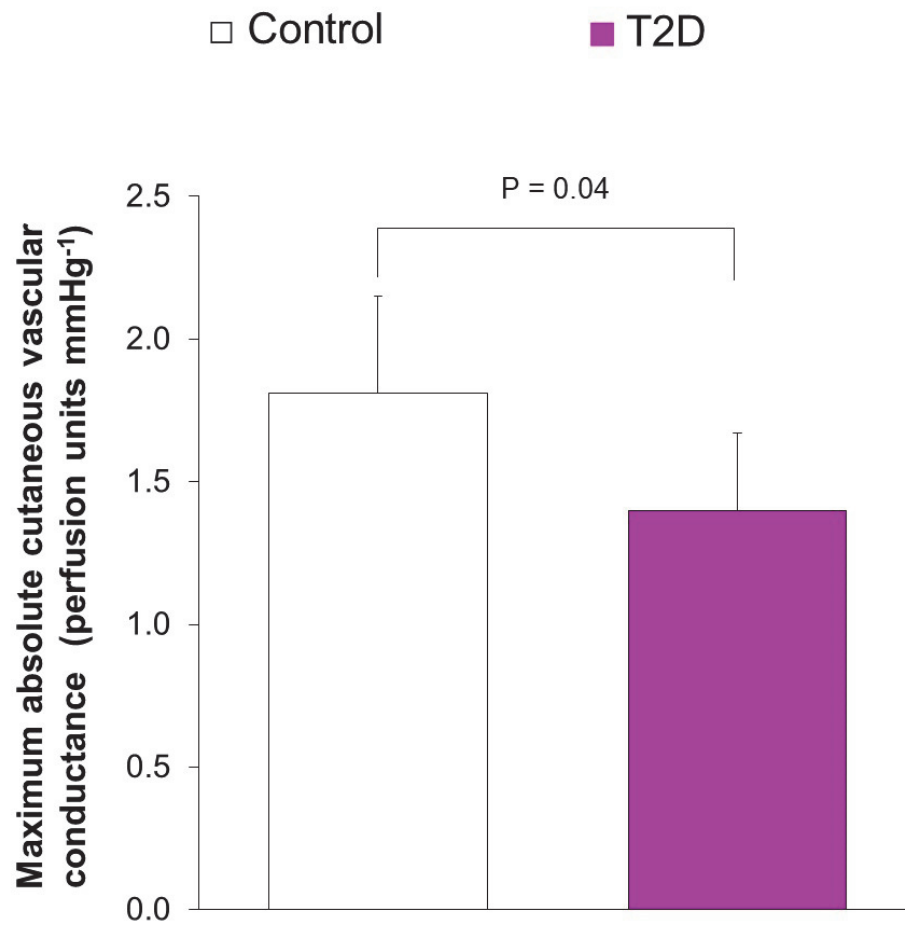


Figure 4

