



**Alberta Health
Services**

Memorandum

Date:

To:

From: AHS at Red Deer Remand Center

RE: Covid-19 Test Positive Notification

This letter is to notify you that your recent Covid-19 test is positive. You are required to isolate for 14 days as per AHS guidelines, from symptoms of onset date if you are symptomatic, or from the date of your positive test result if asymptomatic. This may be extended depending on when symptoms resolve.

Correctional health care will monitor you minimally twice a day for Covid-19 symptoms and mental health support.

If you have COVID-19 you can expect the illness to go away on its own in about 10 to 14 days. Most people (about 80%) recover from COVID-19 without special treatment, but COVID-19 can potentially cause serious illness for some people. Please inform healthcare staff of any new or worsening symptoms.

Please ensure you wash your hands regularly, practice continuous masking, and physical distance 2 meters whenever possible. Regular cleaning & disinfection of common items and surfaces are priority. These recommendations will be the main way to prevent further transmission in the center.