



## **How long is a driver affected after they smoke pot?**

The effects of pot on driving skills are strongest during the first hour after smoking. After that the effects decrease quite rapidly. The effects will increase if a person smokes up for a longer time, has more to smoke and smokes strong pot before driving.

## **Does 'burnout' affect driving?**

Some people feel very tired a few hours after getting high. This is called 'burnout'. A driver who is tired is at greater risk of being involved in a crash.

## **If you mix pot and alcohol, what do you get?**

When you drink alcohol and smoke pot together the effect is different than when you use them separately. Mixing pot and alcohol can have a big effect on your driving and it can put you and your passengers at serious risk.

## **When it comes to driving, how does pot compare to alcohol?**

Alcohol is still the number one danger for drivers, their passengers or anyone else in the community. Studies show that alcohol impairs driving differently and usually more severely than pot, but that doesn't mean it's safe to drive high.

## **If a drug is used as a medicine, can it affect driving?**

Pot is sometimes used as a medicine. That doesn't mean it's safe to smoke pot and drive. Pot isn't the only drug that affects driving. Many legal drugs come with warnings not to drive for a certain amount of time after taking them for this reason.

## **Do you need more information?**

For more information about pot and its effects, visit the Pot and Driving Campaign website at [www.potanddriving.cpha.ca](http://www.potanddriving.cpha.ca). Also visit the Canadian Centre on Substance Abuse website at [www.ccsa.ca](http://www.ccsa.ca). On the Welcome page, select language to enter the site. On the Home page, click on 'CCSA Publications'. From the publications list, select 'FAQ's' and then select 'Cannabis'.

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